

ENRICHMENT PROGRAMMES



SOCCAJOEYS



Soccajoeys is a leading provider of non-competitive Australian soccer programs specialising in early childhood development, all year round! Their programme is designed to assist children in becoming more confident, independent, improve cognitive skills, and become more resilient. Soccajoeys provides a holistic approach to sports, and our programs are simply the vehicle to help build strong characters.

YOGA BY KIDSPORTZ

Kidsportz offers kids Yoga to children aged 3 years and above. Their curriculum is designed to provide children with a fun yoga experience whilst reaping the benefits of it! They also include all the limbs of yoga: the philosophy, the poses, the breath, mindfulness, meditation, concentration, learning and relaxation. A wonderful way for children to wind down after a busy day of learning!



ZUMBA BY DANCE EMBASSY

Dance Embassy offers classes featuring kid-friendly routines based on original Zumba® choreography. They break down the steps, add games, activities, and cultural exploration elements into the class structure. Zumba promotes a healthy lifestyle and incorporates fitness as a natural part of children's lives by making fitness fun!

